

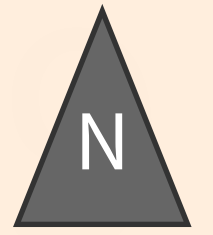
Hempstead

(Central Nassau)

USA

July 2019

Long Island Sound



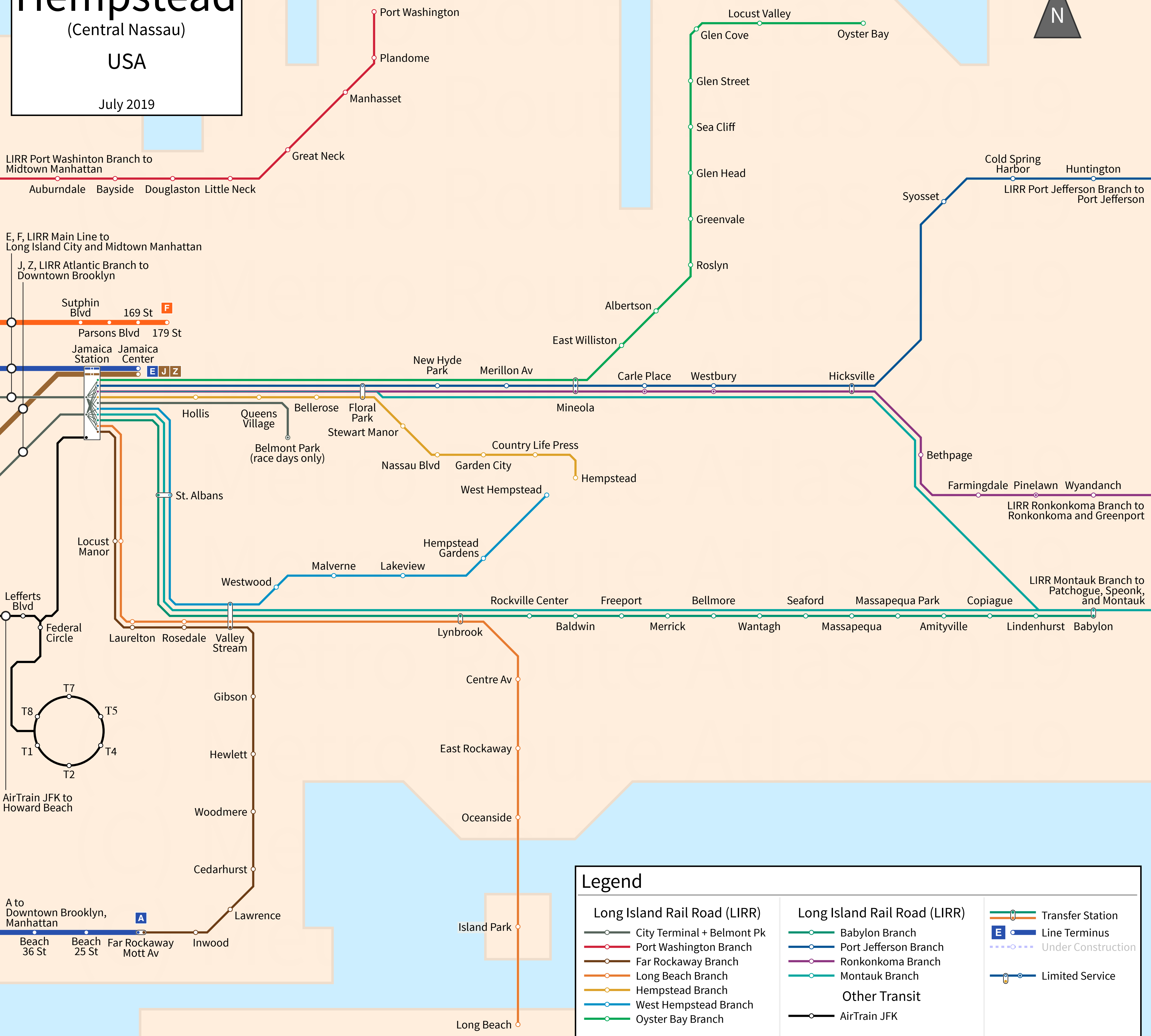
LIRR Port Washinton Branch to Midtown Manhattan
 Auburndale Bayside Douglaston Little Neck

E, F, LIRR Main Line to Long Island City and Midtown Manhattan
 J, Z, LIRR Atlantic Branch to Downtown Brooklyn

Sutphin Blvd 169 St **F**
 Parsons Blvd 179 St
 Jamaica Station Jamaica Center **E J Z**

Lefferts Blvd
 Federal Circle
 T7
 T8
 T5
 T1
 T4
 T2

A to Downtown Brooklyn, Manhattan
 Beach 36 St Beach 25 St Far Rockaway Mott Av **A**
 Inwood



Legend

- | Long Island Rail Road (LIRR) | | Transfer Station |
|------------------------------|-----------------------|------------------------|
| City Terminal + Belmont Pk | Babylon Branch | |
| Port Washington Branch | Port Jefferson Branch | E Line Terminus |
| Far Rockaway Branch | Ronkonkoma Branch | |
| Long Beach Branch | Montauk Branch | |
| Hempstead Branch | | |
| West Hempstead Branch | | |
| Oyster Bay Branch | | |
| Other Transit | | |
| | AirTrain JFK | |